

# What's New?

Welcome to our Spring/ Summer 2017 Menu. After a stringent accreditation process Devon Norse are delighted that the menu once again has met the Childrens Food Trust accreditation standards and food for life silver award with over 94% of our meals being freshly prepared in our Devon Norse kitchens.

This menu sees more meat free options for you to try something new including the very tasty smoked lentil and black bean chilli created by one of our own kitchen managers and the Tofu and noodle stir fry. Wednesdays remain the Traditional Roast day always a popular choice as are Fishy Fridays. We hope you enjoy our new Seaside battered salmon fillet too - this was a real hit with children from Hatherleigh, Bishopsteignton and Ladysmiths Schools who kindly sampled this for us.

We also hope you will like the Iced Caribbean cake made with lots of fresh banana, pineapples and oranges and Jaynes dairy free chocolate orange cake both of these recipes have been developed by our very own Devon Norse kitchens.

We hope you enjoy our geographical food facts and will try some new dishes as we take your taste buds on a journey of discovery.

## SPECIAL DIETS

Special diets are available on completion of a special diet request letter with supporting statements from a Doctor or registered dietician. Please discuss with the catering manager of your school. A full breakdown of the 14 recognised food allergens together with full nutritional analysis are available on our website [www.devonnorse.co.uk](http://www.devonnorse.co.uk) or from the school kitchen.

## FOOD SUPPLIERS

Devon Norse are passionate about our great West Country produce and proud to work with a number of local suppliers.

Our meat is British Farm Assured from a local butcher and sausages are made to our own recipe. Fresh fruit, vegetables & salads in season are used as far as practicable, locally sourced by our suppliers. All our potatoes and many of our vegetables are grown in Devon too! Dairy products are sourced in Devon & Somerset.

Our Eggs are all Free Range and conform to the 'lion mark' code of practice and to prove it, we have been awarded a prestigious Good Egg Award!

## FREE SCHOOL MEALS

All children attending Reception, Year 1 and Year 2 are offered a free school meal as part of the Government's Universal Free School Meals for Infants programme. If you receive a benefit that gives entitlement to Free School Meals, please apply for this with your local County Council as the school can get additional funding.

You may be eligible for free school meals if as a parent or guardian you are in receipt of one of the following:

- Income Support
- Universal Credit
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The Guarantee element of State Pension Credit
- Child Tax Credit, provided you are not entitled to
- Working Tax Credit and have an annual income (as assessed by HM Revenue & Customs) that does not exceed £16,190

## CONTACT DETAILS

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## Food Facts

### MENU INFORMATION

Hatherleigh Community Primary School

- Jacket Potatoes and a meat free alternative are available to pre order daily. Please liaise with your school to check these options are offered.
- Fresh Fruit, Salad and Yoghurts are available daily.
- Please note that the menu may be subject to change to meet local needs.
- We endeavour to provide the products stated however on rare occasions substitutions may need to be made when circumstances beyond our control are experienced.

Would you like a career with Devon Norse? We often have opportunities for Cleaners, Catering Assistants and Kitchen Managers. For more information on our current vacancies or to download our application form, please visit [www.devonnorse.co.uk](http://www.devonnorse.co.uk) or call 01392 351160.





# Week One

|              | Monday                                     | Tuesday                                      | Wednesday   | Thursday                                    | Friday   |
|--------------|--|--|---|---|--|
| Option 1     | Organic Meatballs in Tomato Sauce          | Cheese & Tomato Pizza & Wedges <sup>VG</sup> | Roast Beef <sup>DF EF</sup>                                       | Homemade Lasagne                            | Harry Ramsdens Battered Fish                         |
| Option 2     | Stuffed Peppers with Quorn Mince           | Soya Bolognaise                              | Homemade Veggie Roast <sup>VG</sup>                               | Quorn Sausages Creamed Potatoes             | Cheese and Onion Pasty <sup>VG</sup>                 |
| Sides        | Rice with Mediterranean Roasted Vegetables | Baked Beans, Sweetcorn & Tomato Ketchup      | Cabbage, Carrots & Gravy, Roast or Creamed Potatoes               | Salad, Crusty Bread Slice, Peas & Sweetcorn | Chips or Pasta, Seasonal Vegetables & Tomato Ketchup |
| Desserts     | Chocolate Cake with Chocolate Sauce        | Toffee Apple Crumble & Custard               | Cheese & Biscuits with Grapes or Apple Slice or Ambrosia Rice Pot | Flapjack Slice with a Fruit Drink           | Oat Cookie with a Milk Drink                         |
| Packed Lunch | Cheese Bap                                 | Egg Sandwich                                 | Tuna Mayonnaise Bap   | Beef & Tomato Bap                           | Cheese Salad Baguette                                |

Available Each Day Fresh fruit, salad, bread, yoghurt and water  
 Jacket potato option (please check with your school for availability)

Week starting: 17 Apr • 8 May • 5 Jun • 26 Jun • 17 Jul • 11 Sept • 2 Oct



# Week Two

|              | Monday   | Tuesday                     | Wednesday  | Thursday   | Friday  |
|--------------|--|-----------------------------|--|--|---|
| Option 1     | Tomato Penne Pasta with optional Olives & Basil <sup>DF VG</sup> | Westcountry Burger in a Bap | Roast Chicken & Stuffing <sup>DF EF</sup>                    | Chicken & Sweetcorn & Crusty Bread               | Fish Fingers <sup>GF DF</sup>                       |
| Option 2     | Smoked Lentil & Black Bean Chilli Served with Rice               | Mexican Bean Burrito        | Cheese & Potato Bake <sup>VG EF</sup>                        | Cheese Wheels with Corn-on-the-Cob <sup>VG</sup> | Quorn Burger <sup>VG</sup>                          |
| Sides        | Crusty Bread, Sweetcorn & Coleslaw                               | Peas & Wedge Potatoes       | Roast Potatoes or Mashed Potatoes, Broccoli, Carrots & Gravy | Peas or Baked Beans                              | Chips or Pasta, Seasonal Vegetables & Tomato Relish |
| Desserts     | Melon & Grape Medley   | Fruit Muffin with Milkshake | Banana Split served with a Fruit Coulis                      | Strawberry Mousse with Fresh Strawberries        | Jayne's Dairy Free Chocolate Orange Iced Cake       |
| Packed Lunch | Egg Mayonnaise Bap   | Cheese & Tomato Sandwich    | Tuna Mayonnaise Bap  | Chicken Salad Baguette                           | Egg & Cress Sandwich                                |

Available Each Day Fresh fruit, salad, bread, yoghurt and water  
 Jacket potato option (please check with your school for availability)

Week starting: 24 Apr • 15 May • 12 Jun • 3 Jul • 24 Jul • 18 Sept • 9 Oct



# Week Three

|              | Monday  | Tuesday  | Wednesday  | Thursday  | Friday   |
|--------------|---|--|--|---|--|
| Option 1     | Chicken Wrapped in Bacon with BBQ Sauce on the side <sup>GF</sup> | Homemade Quorn Spaghetti Bolognaise <sup>DF EF</sup> | Roast Pork & Apple Sauce with Roast or Creamed Potatoes <sup>DF EF</sup> | Sausage or Quorn Sausage & Bacon with Omelette or Scrambled Egg | Seaside Battered Fish  |
| Option 2     | Mac 'N' Cheese <sup>VG</sup>                                      | Vegetable Fajita & Pasta <sup>VG</sup>               | Homemade Veggie Plait <sup>VG</sup>                                      | Vegetable & Quorn Paella <sup>EF VG DF</sup>                    | Stir Fry Vegetables & Tofu with Noodles & a sweet Chilli Sauce <sup>VG</sup> |
| Sides        | Mixed Summer Vegetables and Rice, Side Salad                      | Peas & Coleslaw                                      | Carrots, Green Beans & Gravy   | Diced Potatoes, Baked Beans, Tomato and Mushrooms               | Chips or Pasta, Seasonal Vegetables & Tomato Ketchup                         |
| Desserts     | Iced Caribbean Cake (Banana, Pineapple & Orange)                  | Chocolate Cracknel Fruit Juice Drink                 | Fresh Fruit Platter with Milkshake or Frozen Yoghurt                     | Fruit Jelly   | Lemon or Raspberry Mousse  |
| Packed Lunch | Tuna Mayonnaise Bap   | Fish Finger Bap                                      | Ham Sandwich   | Cheese Bap  | Sausage Bap  |

Available Each Day Fresh fruit, salad, bread, yoghurt and water  
 Jacket potato option (please check with your school for availability)

Week starting: 1 May • 22 May • 19 Jun • 10 Jul • 4 Sept • 25 Sept • 16 Oct Monday

## Did you know?

Mexico is a country in North America, its capital is Mexico City. Mexico is famous for its spicy hot chillies! Try some Mexican style foods with our smoky chilli, Burritos and Fajitas.

## Did you know?

Spain is a country in Europe its capital is Madrid. Spain has over 1,000 miles of coastline around the Mediterranean sea. Try our Spanish influenced foods including Paella, Cous cous with Mediterranean roasted vegetables and stuffed peppers.

## Did you know?

Italy is a country in Europe, its capital is Rome. Italy is famous for pizza and pasta, try our meatballs, bolognaise, pizza and pasta dishes to sample some of the foods Italy has to offer.