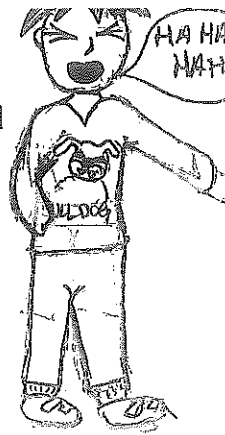


If you are behaving like a bully you could....



STOP!

Think about how you would feel...

Ask yourself why you are doing this?

Avoid the person who annoys you.

Join another group of friends or activity.

Don't join in if you know what is happening is wrong.

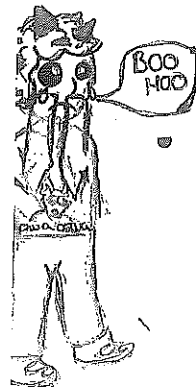


You can expect to

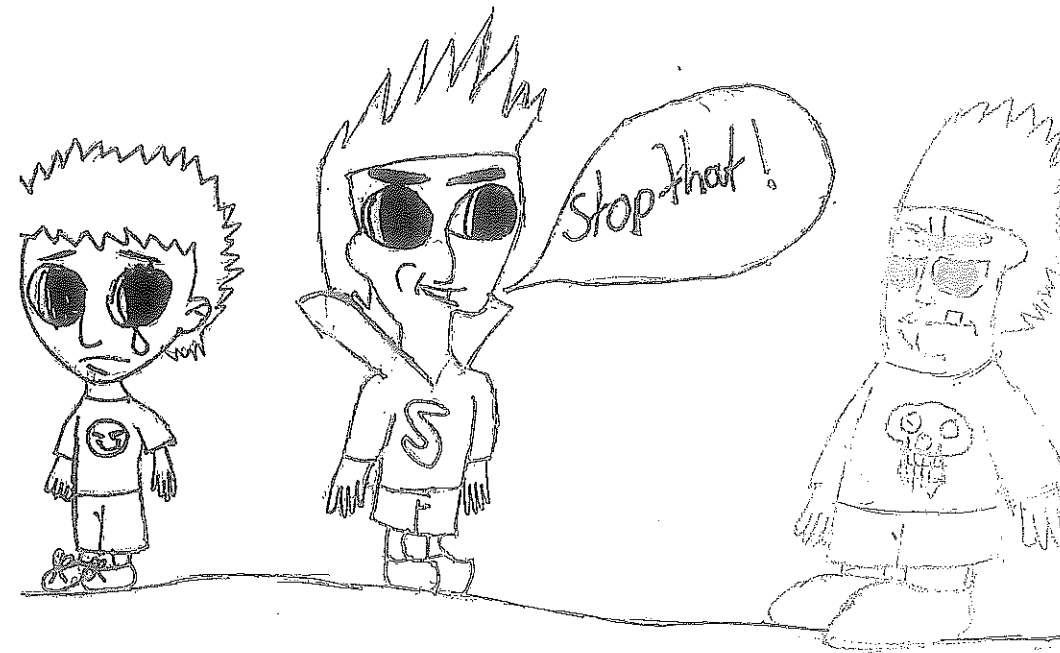
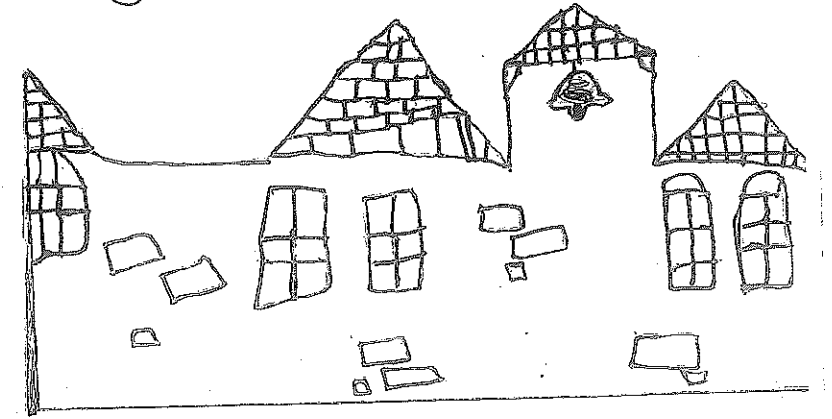
- Have to speak to a member of staff who will record what has happened.
- Apologise to the person you have bullied.
- Have a sanction. Like miss a play time, miss a club, leave the classroom, write a letter of apology.

Have your parents informed.

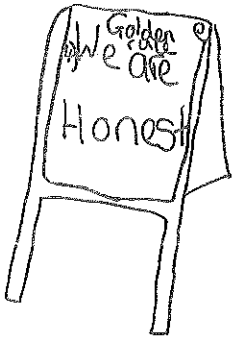
Have the police informed if what you do is against the law.



What should we do to stop bullying?



The Golden Rules



We are gentle

We are kind and helpful

We listen

We are honest

We work hard

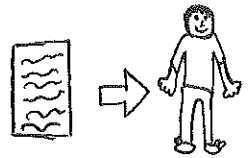
We look after property

kind & Helpf


If you are a child who is being bullied you could....

Report the bully:

- Tell a friend
- Tell an adult in school
- Tell your parent
- Write down what is happening and when it is happening. Give it to someone you trust.

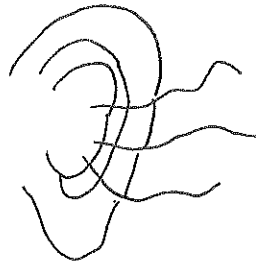


The School will

- Try to make you feel better
- Find out what sort of support you want
- Talk to the bully and challenge their behaviour
- Talk to the bully's parents if appropriate
- Record what has happened and set review dates to monitor if the incidents have stopped.



We Listen



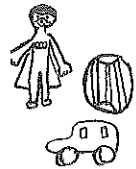
If you have experienced bullying please tell us. We are sorry it



If you see someone being bullied you could....

Go and help them if you feel able to.

Tell an adult or an older child.



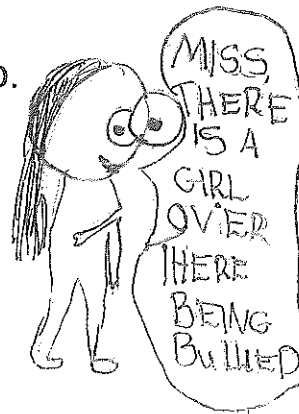
Encourage them to play with you.

Make them feel happier by letting them know you care.



At Hatherleigh Community Primary School we will strive to

- address bullying and prejudice related incidents.
- create a strong ethos of respect and good behaviour amongst children and staff.
- teach children to have a clear understanding of how their actions affect others in all that we do and especially in PSHE lessons, in assemblies and in our colour teams.



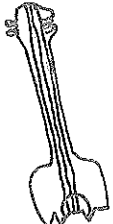
What is 'bullying' ?



Bullying is deliberately hurtful behaviour, *usually repeated over a period of time*, where it is difficult for those bullied to defend themselves.

It is wrong for anyone to:

- Bully you.
- Take or damage your things or use them without permission.
- Hurt you or call you names.
- Make you feel frightened or stop you from going places.
- Touch you without your permission.
- Be nasty to you



Bullying isn't when you fall out with a friend or have a disagreement.



Look at our school website :
www.hatherleigh-pri.dera.sch.uk

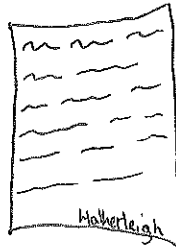
Fear

If you think your child is behaving like a bully you could....

Remind them of the School's Golden Rules and Behaviour Policy.

Think about the reasons why they might be bullying...

- fear
- ignorance
- wanting to achieve a sense of power
- envy or
- conformity (going along with others).



Restrict who they play with out of school or how they spend their free time.

Get them to join new clubs or activities.
Encourage new friends.

Reward them when they behave well or have a good day. Ask the teacher to tell you!

Speak to the teacher and work together.

Be consistent – set firm but fair rules.

Conformity

Conformity

TALK TO Someone! If you are a parent and you are worried that your child is being bullied you could....

Talk to your child and reassure them that it can be dealt with.



Record incidents – when, where, what. Is there a pattern?

Contact the school by speaking to the class teacher or emailing teacher@hatherleigh-pri.devon.sch.uk

If the situation doesn't improve contact the school again.

You can find our Anti-Bullying Policy on the school website under Information - Policies

